

# **Webinar: The “How To” of School Wellness Councils: Developing and Sustaining your team.**

*ShapingNJ – A school strategy workgroup collaboration.*

*Facilitators; Alliance for a Healthier Generation- Davida Gurstelle, “Healthy Schools Grow Healthy Kids”: a CDC Coordinated School Health Program,” Healthy School Grow Healthy Kids” – Elaine Suehnholz, Family and Community Health Sciences, Rutgers Cooperative Extension, Hunterdon County – Sandra Grenci.*

## **Panelist / Speakers:**

**Jack Griffith, Principal, Egg Harbor Community School, Egg Harbor City, NJ**  
**Kathy Schilder, RN, School Nurse, Francis A Desmares School, Flemington, NJ**  
**Sal Valenza, Food Service Director, West New York School District, West New York, NJ**

**February 28, 2012**

**3:00 – 4:15 PM**

**Registration Web Link:** <https://www1.gotomeeting.com/register/572748072>

Pass code: 508.066.7406

Call #: 866.768.5324

Schools alone can't be responsible for the health and well being of children and youth in their communities, but they play an important role. By creating a school wellness council or team, schools can find partners within their communities to identify health problems and concerns, set priorities, and design solutions. This webinar will utilize a panel of school wellness team members to share their knowledge on the “how to”. Discussions will address: identifying key members for your wellness council, getting started, the role of school wellness councils and strategies to maintain momentum.

## **Learning Objectives**

At the conclusion of this webinar, schools will be able to:

- Describe the role of a school wellness council and why your school needs one;
- Identify key members of school wellness councils, and what they can bring to the table;
- Discuss key strategies to sustain an effective school wellness council.

PLEASE JOIN US! This webinar is for new school wellness team members as well as those that are well established.